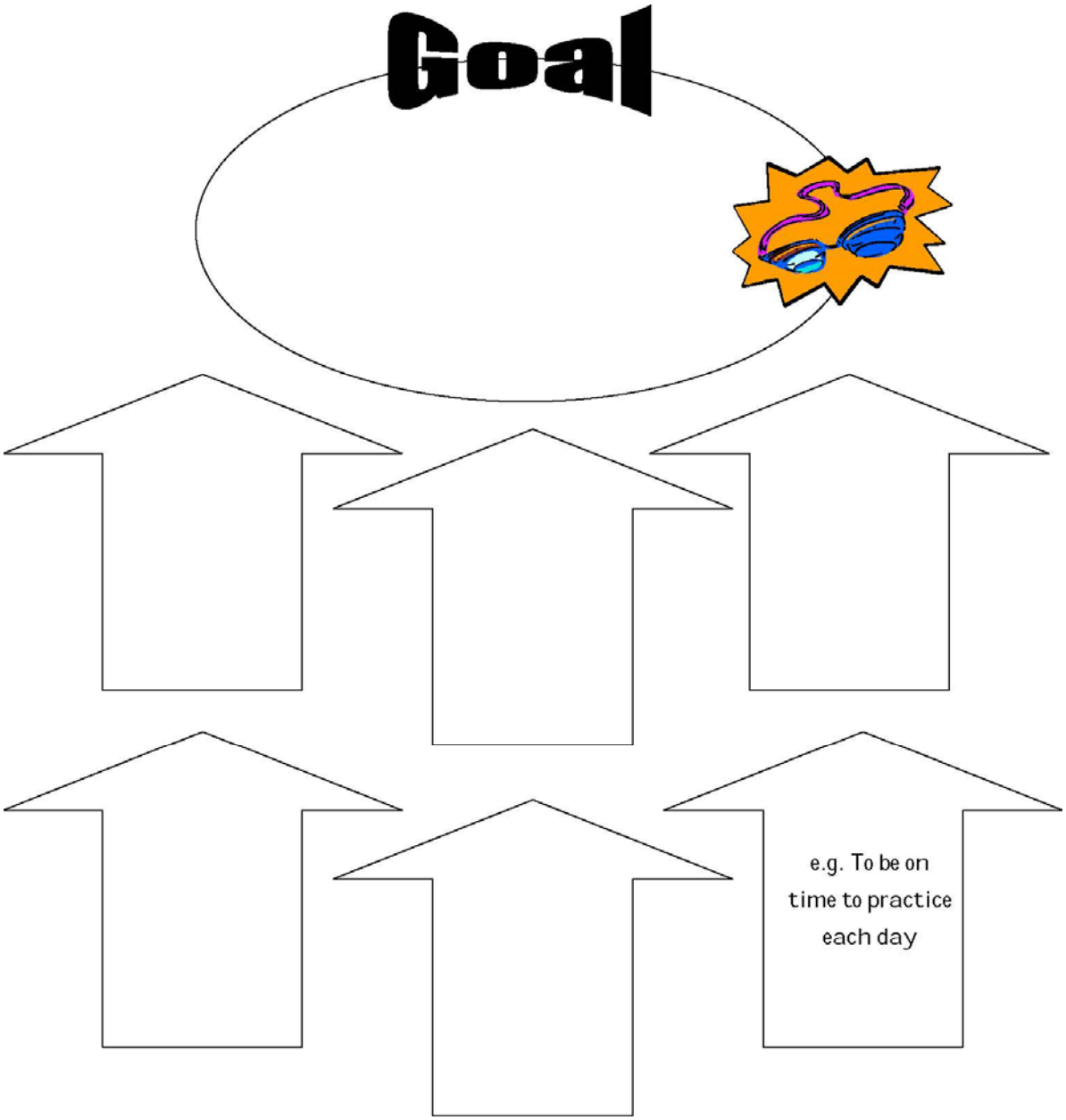
## Goal Setting Exercise 2: Stepping Stone Exercise

Write your long-term goal in the oval. The arrows all point towards the goal. Use the arrows as stepping stones and write down your short-term goals that will lead to your long-term goal.